

1.

## Session #10: Action Guide

Appreciation

## Five People I appreciate:

2.	
3.	
4.	
5.	
Acti	on Steps:
1.	Acknowledge the above 5 people
2.	The area I'd like to improve by 1% and why is
3.	Action Steps I'm continuing and/or upleveling:
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<b>AHA</b>	a's/Notes: